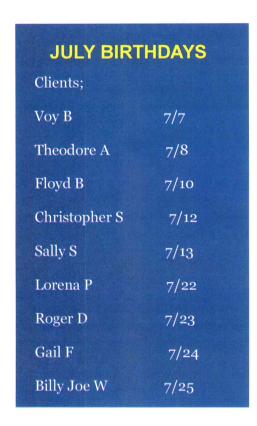
FIRST IN CARE HOME HEALTH AGENCY





HAPPY INDEPENDENCE DAY!!!!!

The Fourth of July—also known as Independence Day or July 4th—has been a federal holiday in the United States since 1941, but the tradition of Independence Day celebrations goes back to the 18th century and the American Revolution. On July 2nd, 1776, the Continental Congress voted in favor of independence, and two days later delegates from the 13 colonies adopted the Declaration of Independence, a historic document drafted by Thomas Jefferson. From 1776 to the present day, July 4th has been celebrated as the birth of American independence, with festivities ranging from fireworks, parades and concerts to more casual family gatherings and barbecues. So get out there and enjoy.

July Awareness Month

<u>Disability Pride Month</u>; Raise awareness about the capabilities and achievements of people living with disabilities.

National Minority Health Awareness Month; Better understand the mental health struggles felt in minority communities nationwide. If you know anyone struggling from mental health you can reach out to the Hotline at 1-800-367-0955

Congratulations;

Beth Hillier employee of the month. She receives an amazon gift card, new uniform and a bag of goodies. This was a very close running and we thank all of our

JULY BIRTHDAYS

Caregivers;

Misty TB 7/9

Latisha M 7/19

Maty M 7/24

Cynthia R 7/31