

FIRST IN CARE HOME HEALTH AGENCY

JULY BIRTHDAYS

Clients;

Voy B	7/7
Theodore A	7/8
Floyd B	7/10
Christopher S	7/12
Sally S	7/13
Lorena P	7/22
Roger D	7/23
Gail F	7/24
Billy Joe W	7/25



HAPPY INDEPENDENCE DAY!!!!

The Fourth of July—also known as Independence Day or July 4th—has been a federal holiday in the United States since 1941, but the tradition of Independence Day celebrations goes back to the 18th century and the [American Revolution](#). On July 2nd, 1776, the [Continental Congress](#) voted in favor of independence, and two days later delegates from the [13 colonies](#) adopted the Declaration of Independence, a historic document drafted by [Thomas Jefferson](#). From 1776 to the present day, July 4th has been celebrated as the birth of American independence, with festivities ranging from [fireworks](#), parades and concerts to more casual family gatherings and barbecues. So get out there and enjoy.

July Awareness Month

Disability Pride Month; Raise awareness about the capabilities and achievements of people living with disabilities.

National Minority Health Awareness Month; Better understand the mental health struggles felt in minority communities nationwide. If you know anyone struggling from mental health you can reach out to the Hotline at 1-800-367-0955

Congratulations;

Beth Hillier employee of the month. She receives an amazon gift card, new uniform and a bag of goodies. This was a very close running and we thank all of our

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Caregivers;

Misty TB	7/9
Latisha M	7/19
Maty M	7/24
Cynthia R	7/31